

## **SIGN UP FOR THIS YEAR'S NAMIWALK ONLINE**

Get ready for the upcoming NAMIWalk! This year, the National Alliance on Mental Illness (NAMI) has a helping hand in helping foster team spirit, competition and enthusiasm within the Los Angeles County Department of Mental Health (LACDMH).

Soon, you'll be able to register your LACDMH team and its members on the NAMIWalk Los Angeles County home page. Each "DMH Super Team" will have a captain and lead a team of individual walkers. Registration is quick and simple. Just click on the icon for "DMH Super Team", located on the right hand side of the NAMIWalks home page. That will lead you to the registration page.

By clicking on the "Register to Walk" button, captains and walkers will be able to register for their team and start their recruitment and fundraising.

In the meantime, here's the "DMH Super Team" page link:

<https://securewalks.nami.org/registant/startup.aspx?locationID=93185>